



Fall Protection for Women

As our workforce continues to diversify in both construction and factory work, we have seen an increasing need for harnesses that are more comfortable for women. The only harness I am aware of that was “specifically” meant for the female worker is the Ms. Miller Harness. The special design keeps the shoulder straps at the side and away from the chest, offers better hip support, and increases comfort.



The other concept that has been viewed favorably by female workers is the “Cross-Over” style of harness. This concept allows the webbing to be adjusted to fit more comfortably through the chest area. Almost EVERY manufacturer offers a cross-over style of harness in a variety of price points, leg buckle options, and padding. The one negative with this style is that you need to pull the harness on over your

head and then make the connections (some brands are a little more tricky to get used to). Regardless, this is a viable option that seems to be well received by most female workers having to don a harness all day. Here is an example of a DBI/Sala version (3M) in a nicely padded Exofit style (Conney #203133).



As always, contact our Safety Support Department at Conney Safety (800-462-1947) and we can assist you in finding appropriate options for all workers.

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